OUTDOOR EDUCATION 1                          Teacher: Hamish MCDONALD

Course Description
This is an introductory unit, which aims to create a base of attitude, knowledge and skill necessary for the safe enjoyment of the outdoors. Specifically looking at caving, rock-climbing abseiling and surfing.

Learning Outcomes
Demonstrate practical skills in various outdoor activities
Demonstrate an understanding of skills, equipment and safety
Demonstrate effectiveness in group cooperative activities on camp
Plan and cater for effective and clean camping
Develop a positive environmental ethic
Contribution and completion of class activities including written work
Completion of assignment

Work Practice Outcomes
Comes prepared for class
Displays acceptable behaviour
Works cooperatively
Displays positive attitude

Materials Required
PRACTICAL LESSONS - A change of clothing in the form of a light blue T-shirt, shorts, tracksuit pants and runners (season dependant). Mobile phones may be used as part of the class in consultation with the teacher.

Typical Homework
Students are expected to complete any unfinished work and catch up on missed lessons. Assignments are to be completed mainly in students own time, however some class time will be allocated.

Assessment Items                          Due Date
Camp 1, Surf Camp, preparation / performance  Week 9
Test 1 – Water Safety and Surfing            Week 10
Assignment – Surfing Portfolio               Week 12
Commitment and conduct during lessons        Ongoing
Camp 2, Wee Jasper, preparation / performance  Week 16
Test – Ropes, Knots, Abseiling, Rockclimbing, Caving  Week 18