



# Campbell High School

An ACT Government School  
Principal: Steve Collins  
"Aspire Achieve Connect Respect"



## The Weekly Wrap Up

### Term 1 - Week 1 (8<sup>th</sup> Welcome all to the 2019 Campbell High School community!

I can honestly say it is great to be back on deck surrounded by so many smiling familiar faces, and happy (and nervous) new ones. It's been a fantastic start for us, with our enrolment numbers up considerably on last year, and the school has a busy, but wonderful buzz about it.

This week on assembly, I asked students to reflect on their school experience in 2018, and review some of the strategies suggested by their teachers (and parents) in order to continue to grow as a person and student. The students were advised of the mantra of our staff this year, *'every student, every lesson, every day'*, and were prompted to make a written commitment to strive to ensure they take every opportunity to be just that little bit better every lesson.

I greatly look forward to a big year ahead and do not take for granted the privilege I am afforded to be a part of this great community.

### Year 7 Camp

Parents of year 7 students can expect to receive permission notes next week regarding the upcoming year 7 camp to Jindabyne (20 – 22 March 2019). This exciting 3-day camp is traditionally a highlight for students and is an important bonding time, where students get the chance to develop many new social contacts in a safe and fun environment. Thanks to those parents that have already made an advance deposit.

### Meet the Teachers Night – hosted by our fantastic P and C.

Please be reminded that Tuesday evening sees the return of the traditional *'Meet the Teachers, Wine and Cheese Event'*, which provides the opportunity for Year 7 parents to meet with some of the Campbell High School staff in a relaxed evening. The evening will start at 5.30pm.

### Chromebook update

There has been a slight delay in the delivery of Chromebooks across the whole ACT. Campbell High School hopes to receive our delivery quite soon. Chromebooks will be issued in an afternoon session and we ask that students take them home unopened. This will ensure that all of the contents arrive home safely. We encourage students to personalise their Chromebook using good quality, school appropriate stickers, before they bring them back to school. Please write your full name on one of these stickers in permanent marker so any misplaced computers can be quickly returned to their owner. Because the computers remain property of the department, we ask that no permanent marks or engraving be made to the devices. We ask that students take full responsibility for their computer and ensure that they are fully charged each night in preparation for the next school day. Students are not permitted to plug their chargers in at school; however, a charging station is available in the school library during break times in case a quick top up is needed throughout the day.



# Campbell High School



An ACT Government School  
Principal: Steve Collins  
"Aspire Achieve Connect Respect"

## The Importance of Sleep

Are you wondering whether your own child is sleep deprived? The two key sleep questions that will give you the answer are:

1. Does your teen have big weekend sleep-ins?
2. Is he/she difficult to wake up and get out of bed on school mornings?

If the answer to either or both questions is 'yes', then you have a sleep-deprived teen on your hands. Please see the attached article *written by Dr Chris Seton, a paediatric and adolescent sleep physician in Sydney*

## Barnardos Cyber Safety Presentations.

Please see attachments relating to the workshops for parents to learn more about managing children's technology use, including an introduction into the most popular social media platforms, and practical tips for keeping teenagers safe online. We will also cover information on setting boundaries around technology, online behaviour management, and tools for managing technology both in and outside of the home.

## Uniform

Please be aware that we are still awaiting shipment of some polo shirts in a couple of specific sizes. Our supplier has apologised for the unexpected delay and expects delivery toward the end of February. Please be reminded that PE shirts are permitted to be worn as regular school uniform for students that have not been able to purchase a polo shirt.

## Immunisation

School Immunisation forms were recently sent home with students. These forms need to be returned as soon as possible and includes forms where permission is not granted.

## School Photos

Photos will take place this Wednesday and Thursday. Students should have all received information packs this week, please see your contact teacher if you are unable to locate this pack.

## School Psychologist

**Hello!** Campbell High School, and welcome back to 2019. I am pleased to say I am returning as the School Psychologist as part of the student services, wellbeing team. This week I have added a letter about the school psychology service to our website. It describes my role and lists several external services where psychological support can be accessed. If you are wanting to contact the wellbeing team, please speak to you child's Contact Teacher who will refer you accordingly. Hoping that each and every one of us have a successful 2019. Regards

*Liz Hanley*



# Campbell High School



*An ACT Government School*  
*Principal: Steve Collins*  
*"Aspire Achieve Connect Respect"*

## Year Coordinators 2019

A special thanks to the following dedicated team of Year Coordinators, who have been working tirelessly to ensure that all students are settling into the new school year. We are very lucky to have such staff committed to the wellbeing of all of our students.

Year 7 – Corey Gray and Amy Wilson

Year 8 – Kristina Salvestro

Year 9 – James Mackenzie

Year 10 -Tom Rodriguez

## Exec Structure 2019

- *Steve Collins*  
Principal
- *Caitlin Horan*  
Deputy Principal
- *Ash Carter*  
PE  
Assessment and Reporting
- *Ellie Mayne*  
English  
SOSE
- *Kate Bolton*  
Professional Practice  
Inclusion Support
- *Penny Troy*  
Maths  
Staffing
- *Ron Vandergugten*  
Arts  
Technology
- *Ian Mongan*  
Languages  
Student Services 9/10
- *Steph Boxall*  
Warrumbul Centre  
Student Services 7/8
- *Adam King*  
Science  
IT
- *Julie Molyneux*  
Business Manager