PHYSICAL EDUCATION FOR GIRLS

Course Description
Students develop and practice the skills and knowledge necessary for advanced participation in a broad range of sports and recreational activities

Learning Outcomes

PHYSICAL ACTIVITY AND SPORTS UNITS
Demonstration of skill development/improvement
Demonstration of knowledge and application of rules and concepts
Demonstration of participation level

FITNESS
Demonstration of skill development/improvement
Demonstration of knowledge and application of concepts
Demonstration of participation level

Work Practice Outcomes
Comes prepared for class
Displays acceptable behaviour
Works cooperatively
Displays a positive attitude

Materials Required
Students are required to change into appropriate PE clothing for each PE lesson (light blue shirt, joggers and shorts/track suit). It is also necessary for students to bring a water bottle, hat and sunscreen where possible.

Typical Homework
Students are required to catch up on any missed work and devote some time to assignments and test preparation during the health unit.

Assessment Items

<table>
<thead>
<tr>
<th>Assessment Items</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Compliance with correct physical education attire</td>
<td>Ongoing</td>
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<tr>
<td>Skill Development</td>
<td>Ongoing</td>
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<tr>
<td>Participation, teamwork, contribution</td>
<td>Ongoing</td>
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<tr>
<td>Knowledge of rules and objectives</td>
<td>Ongoing</td>
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<tr>
<td>Class contribution and bookwork in theory lessons</td>
<td>Ongoing</td>
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</tbody>
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