



Campbell High School

An ACT Government School
Principal: Steve Collins
"Aspire Achieve Connect Respect"



The Weekly Wrap Up

Term 1 - Week 4 (01st March 2019)

Students and staff have had a very busy week 4 with several new programs now in full swing. One of these is Academic Workshops, which is a 40-minute session each Monday, where students in Compass Groups rotate through a series of workshops. These are designed to focus on the development of a range of skills that support learning. These include:

- Oral Presentations
- Essay writing technique
- Google suite applications
- Careers in Science
- Financial Literacy

Online Safety

Please see this week's online safety poster attached. It focusses on key questions that we can ask our children to ensure they (and we) can promote safe online behaviours. I will continue to include these in future Wraps.

Me and YOU Program

ME and YOU are designed to help young people understand their bodies, their emotional and social needs, and relationships with other people. ME and YOU also build skills and knowledge in parents/carers to enable them to support the developmental journey of the children they care for.

The program is managed by Sexual Health and Family Planning ACT. Please see attached flier for more details and information on registration.

Canteen Information

Just a reminder that our great canteen now has eftpos facilities. The food is always healthy and tasty, and all proceeds are returned to the school community. We encourage all families to continue to support the canteen.

The Proud Campbell Community

I continue to be extremely proud of the community mindedness of our students. In particular, our Senior Band who entertained crowds at the Canberra Show, the girls in our senior sports leadership class – CLLASS, who are completing a 100km swim to inspire students to donate to Big HOPE in Week 6. Proceeds raised will go to the Cancer Council and Leukaemia Foundation and Candy and Amelia (yr10) for helping out at St John's Care (SJC) this week.



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The girls helped re-sort baby supplies, which needed to be moved and restocked for the families who are seeking support due to a crisis or other personal challenges.

They did a get job and the SJC staff were really impressed with their positive attitude, attention to detail and willingness to help out.





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Ladies Rugby League 7's

On Wednesday, 12 year 9/10 Campbell ladies competed in the Canberra Raiders Ladies 7's competition. The day was very successful for the team winning one game, drawing two games and losing their final game by just 1 try. They finished second overall. Beth M and Ruby R-B lead the team around the field with some very enterprising football on display. This day was great to be a part of as a coach seeing so many girls try the sport for the first time. All members of the team gave their best efforts and demonstrated the core values of our school; by connecting with their peers and by aspiring to achieve their best in a competitive environment. The next day is the 7's rugby union in week 6 where the girls are very keen on trying their hand at a different code. More opportunities like lady's league tag in week 9 and 9 a side next term will see the girls continue to grow as a team and in confidence in their own abilities. Congratulations to all the ladies involved.

Urban Survival Enrichment

Students have been learning ingenuity, design skills, aspects of health and most importantly empathy for the vulnerable by undertaking the Urban Survival Enrichment each Friday. The premise is learning how the homeless, either from individual circumstances or natural disasters, improvise to survive each day.



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So far, students have learnt to make thermal shelters, water filters and first aid implements out of items they could typically find in a garbage bin and everyday common items. Along the way, they've learnt about the importance of clean water, the dangers of hypothermia, the importance of a bushfire survival plan and the value of preventative medicine.

Responsible Service of Alcohol Training

Responsible Service of Alcohol (RSA) training is being offered at Campbell High on Wednesday April 10 (Week 10 this term). This training is suitable for year 9 and 10 students who have or are looking for part time work in supermarkets such as IGA or cafes that serve/sell alcohol. Cost is \$65 payable to the finance office by April 3. Notes available from the careers room. Places are limited.

"Learning how to study effectively is a skill that takes explicit teaching and plenty of practice to become competent in. One way to review what type of study skills work best for your child can be to work backwards from a test already taken. Reflecting on what strategies work best and what didn't, can be an effective method to help your child develop their own study style. Please review the attached sheet Tests: Planning for Success to get some study tips for taking tests."

Liz Hanley

School Psychologist

Have a great week end!