



CAMPBELL HIGH SCHOOL COURSE OUTLINE Semester 2 2017

10 HEALTH & PHYSICAL EDUCATION I

Teacher: Castle, Carter, MacKenzie

Course Description

Students will develop the skills and knowledge necessary for participation in a broad range of sports. Core units include dance, fitness, courts, field, indoor, cross country and health.

Learning Outcomes

PHYSICAL ACTIVITY AND SPORTS UNITS

Demonstration of skill development/improvement
Demonstration of knowledge and application of rules and concepts
Student uses participation to instruct, train or include others

HEALTH STUDIES

Demonstration of knowledge and understanding of topics
Contribution to class activities
Completion of Assignment and written work

DANCE

Demonstration of skills
Social development

FITNESS

Demonstrate an improved level of fitness
Level of participation
Understands and applies strategies that address hygiene, health and safety in Physical Education

Work Practice Outcomes

Comes prepared for class
Displays acceptable behaviour
Works cooperatively
Displays a positive attitude

Materials Required

Students are required to change into appropriate PE clothing for each PE lesson (light blue shirt, joggers and shorts/tracksuit). It is also necessary for students to bring a water bottle, hat and sunscreen where possible. **Mobile phones may be used as part of the class in consultation with the teacher.**

Typical Homework

Students are required to catch up on any missed work and devote some time to assignments and test preparation during the health unit.

Assessment Items

Compliance with strategies that addresses hygiene, health and safety
Skill Development
Participation, teamwork, contribution
Knowledge of rules and objectives
Class contribution and bookwork
Health assessment task

Due Date

Ongoing
Ongoing
Ongoing
Ongoing
Ongoing
Week 16

Parent Signature _____

Student Signature _____

Date