CAMPBELL HIGH SCHOOL
COURSE OUTLINE
Semester 1 2015

8 HEALTH & PHYSICAL EDUCATION I
Teacher: John Fitzgerald

Course Description
Students will develop the skills and knowledge necessary for participation in a broad range of sports. Core units include dance, fitness, courts, field, indoor, cross country and health.

Learning Outcomes

PHYSICAL ACTIVITY AND SPORTS UNITS
 Demonstration of skill development/improvement
 Demonstration of knowledge and application of rules and concepts
 Student uses participation to instruct, train or include others

HEALTH STUDIES
 Demonstration of knowledge and understanding of topics
 Contribution to class activities
 Completion of Assignment and written work
 Understands and applies strategies that address hygiene, health and safety in Physical Education

DANCE
 Demonstration of skills
 Social development

FITNESS
 Demonstrate an improved level of fitness
 Level of participation
 Understands and applies strategies that address hygiene, health and safety in Physical Education

Work Practice Outcomes
 Comes prepared for class
 Displays acceptable behaviour
 Works cooperatively
 Displays a positive attitude

Materials Required
 Students are required to change into appropriate PE clothing for each PE lesson (light blue shirt, joggers and shorts/track suit). It is also necessary for students to bring a water bottle, hat and sunscreen where possible. Mobile phones may be used as part of the class in consultation with the teacher.

Typical Homework
 Students are required to catch up on any missed work and devote some time to assignments and test preparation during the health unit.

Assessment Items
<table>
<thead>
<tr>
<th>Knowledge of rules and objectives</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Skill development</td>
<td>Ongoing</td>
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<tr>
<td>Participation, teamwork, contribution</td>
<td>Ongoing</td>
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<tr>
<td>Class contribution and bookwork</td>
<td>Ongoing</td>
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<tr>
<td>Health Assignment</td>
<td>Week 5</td>
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<tr>
<td>Health Test</td>
<td>Week 6</td>
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